

## Community News

October has arrived, bringing crisp days and cozy community vibes. We've got more seasonal happenings on the way, so keep an eye out for details. We can't wait to celebrate fall with you!

## October Happenings

### October 30 - Costume, Dance, & Trivia Party!

Join us for the ultimate Halloween party on Thursday, October 30th! We're turning up the fun with a Costume and Dance Party, plus Karaoke and Trivia. We'll be serving a delicious Build-Your-Own Taco Bar, complete with a DJ, bartender, top-shelf alcohol, and a decadent dessert table.

[Stay in the Loop w/ Our Events!](#)



## Thanks for Joining our Past Events!

### MORNING SWEETS

Surprise pastry morning at The Blake! Our residents were treated to some of San Francisco's best from @neighborbakehouse and the smiles said it all. From flaky, buttery layers to sweet seasonal favorites, it was the perfect pick-me-up to start the day.

[Look At These Smiles!](#)



## What They're Saying

"The facilities are well-maintained. The convenience store within a 10-minute walk has been a great help in settling in. I am especially grateful to all the kind staff who supported me with both the move-in process and ongoing management. Blake is truly a wonderful place to choose as a home." - ☐☐☐

[Share The Good Vibes!](#)

## Live Well

### The Willard Park Yoga Collective

Take a mindful break and connect with your community this October with a weekly dose of Outdoor Yoga in Berkeley. The Willard Park Yoga Collective offers donation-based Integrated Hatha Flow classes several times a week, making movement and mindfulness accessible to everyone. It's the perfect way to step away from your desk, stretch, and regulate your nervous system right in the middle of your day. Show up with your mat, pay what you can (it's donation-based!), and find your flow under the open sky. Look for classes, including the lunchtime sessions, at Willard Park throughout the month.

[Just Breathe](#)

*Contact the office to be featured in a future newsletter*



## Local Feature

### The Walnut Tavern Bar

Looking for a fantastic local spot for date night, weekend brunch, or a casual drink with friends? Look no further than The Walnut Tavern Bar & Grill, nestled right in Berkeley's famous Gourmet Ghetto. This stylish tavern offers a delightful menu of American classics—from the famous Short Rib Burger and Pan-Seared Salmon to unique shared bites like their Himalayan Momo Platter. The atmosphere is cozy, the bar serves great craft cocktails, and the best part? They feature a wonderful rooftop deck for enjoying drinks with a view. Whether you're craving dinner, lunch, or a satisfying weekend brunch (Friday-Sunday), stop by 1508 Walnut St to support a local favorite!

[Tavern Talk](#)



## Good Friends Make Great Neighbors

Do you know someone looking for a new home? Forward this newsletter and tell them about Blake at Berkeley!

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